










## Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Spaghetti Bolognese</b> Choose from minced beef or Quorn pieces cooked in a homemade tomato and vegetable sauce, combined with pasta and baked in the oven, served with crusty bread</p>	<p><b>Chicken Burger</b> Choose from a butchers chicken burger or Quorn burger coated in bread crumbs and served in a soft white batch with BBQ relish and fresh herby diced potatoes</p>	<p><b>Beef Chilli Nachos</b> Choose from minced beef or Quorn pieces cooked in a mild chilli sauce then topped with tortilla chips and cheese</p>	<p><b>Roast Dinner</b> Choose from home roasted breast of turkey or a Quorn fillet served with roast potatoes, Yorkshire pudding and gravy</p>	<p><b>Fish &amp; Chips</b> Choose from battered cod or breaded cod fillet fingers or a salmon fish cake baked in the oven and served with chips  (vegetables nuggets served as the vegetarian alternative)</p>
<b>Served with</b>				
<b>Mixed Fresh vegetables</b>	<b>Peas or Baked beans</b>	<b>Sweetcorn</b>	<b>Carrot/Swede Savoy cabbage</b>	<b>Garden Peas</b>
<b>Or</b>				
<p><b>Jacket potatoes</b> served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, &amp; baked beans (when available)</p>				
<b>Or</b>				
<p><b>Deli Bar - Available Everyday</b> Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, chicken and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweet corn, coleslaw, potato salad and mixed peppers.</p>				
  				
<b>And for dessert</b>				
<b>Strawberry meringues with cream</b>	<b>Iced sponge squares</b>	<b>Cookies</b>	<b>Jam or Lemon curd tarts</b>	<b>Homemade Biscuits</b>
<p><b>Fresh Fruit, Yogurt or Cheese &amp; Crackers are available everyday as an alternative to the daily dessert.</b></p>				
<b>And finally, a drink</b>				
<p><b>A selection of the following drinks will be available daily</b> freshly made milkshakes - chocolate, strawberry or banana, fresh fruit juice – apple or orange or water.</p>				

## Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Homemade Creamy Chicken Curry</b> Choose from fresh chicken pieces or Quorn pieces cooked in onions, garlic, turmeric, ginger coriander and coconut milk and served on bed of rice and naan bread.</p>	<p><b>Butchers sausage</b> Choose from either butchers quality pork sausage or a Quorn sausage served on a bed of creamy mashed potatoes and gravy</p>	<p><b>Chicken Pasta</b> Choose from fresh chicken pieces or Quorn pieces cooked in a homemade tomato sauce with pasta twists served with a garlic slice</p>	<p><b>Roast of the day</b> Choose from roasted Loin of Pork or a Quorn fillet served with homemade apple sauce, roast potatoes, Yorkshire pudding and gravy.</p>	<p><b>Fish &amp; Chips</b> Choose from battered cod or cod fillet fingers or a salmon fishcake baked in the oven and served with chips  (vegetables nuggets served as the vegetarian alternative)</p>
<b>Served with</b>				
<b>Sautéed cabbage and peas</b>	<b>Broccoli &amp; Cauliflower</b>	<b>Garden Peas</b>	<b>Carrot &amp; Swede and/or Sliced Green Beans</b>	<b>Garden Peas</b>
<b>Or</b>				
<p><b>Jacket potatoes</b> served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, &amp; baked beans (when available)</p>				
<b>Or</b>				
<p><b>Deli Bar - Available Everyday</b> Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, chicken, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweet corn, coleslaw, potato salad and peppers.</p>				
  				
<b>And for dessert</b>				
<b>Shortbread Fingers</b>	<b>Iced Fingers</b>	<b>Ice Cream</b>	<b>Flapjack</b>	<b>Iced Bun</b>
Fresh Fruit, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.				
<b>And finally, a drink</b>				
A selection of the following drinks will be available daily freshly made milkshakes - chocolate, strawberry or banana, fresh fruit juice – apple or orange or water.				

## Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Pizza Bar</b> A wholemeal pizza base topped with tomato and cheese Choose your favourite toppings from shredded ham, pepperoni and pineapple</p>	<p><b>Chicken Nuggets</b> Choose from tasty chicken breast nugget served with diced potato in a baked bean sauce  (vegetable nuggets served as the vegetarian alternative)</p>	<p><b>Meatballs</b> Choose from pork mince or Quorn balls baked in the oven and served with homemade tomato and basil sauce and served with wholemeal pasta twists</p>	<p><b>Roast of the day</b> Choose from either home roasted topside of beef or roast turkey breast or Quorn fillet served with roast potatoes, Yorkshire pudding and gravy.</p>	<p><b>Fish &amp; Chips</b> Choose from battered cod fillet or cod fillet fingers or a salmon fishcake baked in the oven and served with chips  (vegetable nuggets served as the vegetarian alternative)</p>
<b>Served with</b>				
<b>Baked beans and/or Mushrooms</b>	<b>Sweetcorn</b>	<b>Mixed vegetables</b>	<b>Diced Carrots &amp; Swede</b>	<b>Garden Peas</b>
<b>Or</b>				
<p><b>Jacket potatoes</b> served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, &amp; baked beans (when available)</p>				
<b>Or</b>				
<p><b>Deli Bar - Available Everyday</b> Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, chicken, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweet corn, coleslaw, potato salad or savoury rice salad and mixed peppers.</p>				
  				
<b>And for dessert</b>				
<b>Lemon Drizzle Cake</b>	<b>Chocolate Sponge Squares</b>	<b>Cookies</b>	<b>Fruit crumble</b>	<b>Rocky road cake</b>
<b>Fresh Fruit, Yogurt or Cheese &amp; Crackers are available everyday as an alternative to the daily dessert.</b>				
<b>And finally, a drink</b>				
<p><b>A selection of the following drinks will be available daily</b> freshly made milkshakes - chocolate, strawberry or banana, fresh fruit juice – apple or orange or water.</p>				