Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Spaghetti Bolognese	Butchers Beef Burger	Creamy Chicken Curry	Roast Dinner	Fish & Chips
Choose from minced beef or Quorn pieces cooked in a homemade tomato sauce and served with spaghetti and garlic bread.	Choose from Quorn or beef burger served in a soft white barm and add cheese, pineapple or salad	Choose from fresh chicken pieces or Quorn pieces cooked in a mildly spiced sauce served on bed of rice with Naan bread and mango chutney.	Choose from home roasted breast of turkey or a Quorn fillet served with roast potatoes, Yorkshire pudding and gravy	Choose from Battered Cod or breaded cod fillet fingers or a salmon fish cake baked in the oven and served with chips
				(vegetables nuggets
				served as the vegetarian alternative)
		Served with		vegetarian anernative)
Mixed Fresh	Peas or Baked beans	Sweetcorn	Carrot/Swede	Garden Peas
vegetables			Savoy cabbage	
		Or	·	
served with a side salad beans (when available)	are also available daily – o		illings cheese, tuna mayo,	ham, turkey & baked
		Or		
First choose your bread then choose your filling and finally finish with a c	Deli Bar – a selection o – wraps, assorted batch - a selection of the follow hoice of salad which will prn, coleslaw, beetroot an	or sliced bread ving will be available daily - be available on the side –	– ham, cheese, tuna, turk	ey, or roast beef,
		And for dessert		
Iced Fingers, Toffee Co	the items below will be av ornflake Cake, Lemon S Yogurt, or Cheese & Crac A selection of th	ponge, Jelly, Cookies, C	hocolate Cake ay	
		t juice – apple or orange		

Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Meatballs in Tomato	Pizza Bar	Chicken Pasta	Roast Dinner	Fish & Chips
Sauce				
	A Homemade Cheese	Choose from pieces of	Choose from roasted	Choose from battered
Choose from minced	& Tomato Pizza.	fresh chicken or	boneless leg of Pork or	cod or cod fillet
pork balls or Quorn	Choose your own	Quorn pieces cooked	a Quorn fillet served	fingers or a salmon
balls served in a	topping of Ham,	in a homemade tomato	with homemade apple	fishcake baked in the
homemade tomato &	Pepperoni or	sauce served with	sauce, roast potatoes,	oven and served with
red pepper sauce	pineapple. Served with	penne pasta and crusty	Yorkshire pudding and	chips
served with rice	potato wedges.	bread.	gravy.	(. . 11
				(vegetables nuggets
				served as the
		Served with		vegetarian alternative)
E		Served with	Comment & Commenter	
Fresh Broccoli	Sweetcorn	Garden Peas	Carrot & Swede and/or Sliced Green	Peas or Beans
	and/coleslaw	Garden Peas	Beans	Peas or Beans
		Or	Dealis	
		Jacket potatoes		
sorved with a side salad	are also available daily – o		illings choose tune mayo	ham turkov & bakad
beans (when available)	are also available daily - C	choose from a variety of f	inings cheese, tuna mayo,	nam, turkey & baked
beans (when available)		Or		
	Deli Bar – a selection o		illable, please pre-book.	
	– wraps, assorted batch			
	- a selection of the follow			
	hoice of salad which will		carrot sticks, cucumber, o	cherry tomatoes,
iceberg lettuce, sweetco	orn, coleslaw, beetroot an	a peppers.		
		And for dessert		
Dessert of the Day				
	the items below will be av			
	ornflake Cake, Lemon S			
Fresh Fruit, Fruit Pots,	Yogurt, or Cheese & Crac		ау	
		And finally, a drink		
		e following drinks will b t juice – apple or orang		

Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
All Day Breakfast	Pasta Bar	Chicken Breast	Roast Dinner	Fish & Chips
-		Goujons in		_
Choose from a	Select your pasta, then your	breadcrumbs	Choose from either	Choose from
Pork sausage, a	sauce and finish with your	served with gratin	home roasted	battered cod fillet
slice of Bacon and	toppings. Choose from	sliced potatoes	topside of beef or	or cod fillet
scrambled eggs	Sauces - Tomato & basil or		roast turkey breast	fingers or a
served with Crusty	Bolognese sauce		or Quorn fillet	salmon fishcake
bread	Toppings – ham, Pepperoni,		served with roast	baked in the oven
	tuna, cheese, sweetcorn,		potatoes, Yorkshire	and served with
(2 Quorn sausages	mushrooms, peppers,		pudding and gravy.	chips
served as the	Served with garlic bread.			
vegetarian				(vegetables
alternative)				nuggets served as
				the vegetarian
				alternative)
		Served with		
Baked beans	Mini Corn cobs and/or	Broccoli florets	Sliced Carrots	
			Silceu Carrois	Garden Peas
and/or		and/or Spaghetti	and/or Broccoli	Garden Peas
and/or Mushrooms	coleslaw	hoops	and/or Broccoli	Garden reas
== * * =	coleslaw	hoops Or	and/or Broccoli	Garden reas
Mushrooms	coleslaw	Or Or ocket potatoes		
Mushrooms (served with a side sa	coleslaw Jc alad) are also available daily – cl	Or Or ocket potatoes		
Mushrooms	coleslaw Jc alad) are also available daily – cl	Or Or ocket potatoes		
Mushrooms (served with a side sa or baked beans (whe	coleslaw Ja alad) are also available daily – cl n available)	hoops Or Incket potatoes hoose from a variety o Or	f fillings - cheese, tuna r	
Mushrooms (served with a side sa or baked beans (whe	coleslaw Ja alad) are also available daily – ch n available) Deli Bar – a selection of sand	hoops Or Incket potatoes noose from a variety o Or Iwiches will be availa	f fillings - cheese, tuna r	
Mushrooms (served with a side sa or baked beans (whe First choose your bre	coleslaw Ja alad) are also available daily – ch n available) Deli Bar – a selection of sand ead – wraps, assorted batch or	hoops Or Incket potatoes hoose from a variety o Or Iwiches will be availa sliced bread	f fillings - cheese, tuna r ble, please pre-book.	nayo, turkey, ham
Mushrooms (served with a side sa or baked beans (whe First choose your bre then choose your filli	coleslaw Ja alad) are also available daily – cl n available) Deli Bar – a selection of sand ead – wraps, assorted batch or ing - a selection of the following	hoops Or acket potatoes hoose from a variety o Or Iwiches will be availa sliced bread g will be available daily	f fillings - cheese, tuna r ble, please pre-book. – ham, cheese, tuna, tu	nayo, turkey, ham rkey, or roast beef,
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