# Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Pasta Bar Select your pasta and sauce and finish with choice of toppings, ham pepperoni and cheese all served in your own pot. Also available peppers and garlic slice	Hawaiian Beef Burger Choose from a butchers quality beef or Quorn burger Served in a soft white batch, add slice of cheese, pineapple.	Creamy Chicken Curry Choose from fresh chicken pieces or Quorn cooked in a mild spiced sauce served on bed of rice and served with naan bread and mango chutney.	Roast Dinner Choose from home roasted breast of turkey or a Quorn fillet served with roast potatoes, york shire pudding and gravy	Fish & Chips Choose from Battered Cod or breaded cod fillet fingers or salmon fish cake baked in the oven and served with chips  (vegetables nuggets served as the vegetarian alternative)
Served with				
Mixed Fresh vegetables	Homemade coleslaw or Baked beans	Sweet corn	Carrot/Swede Savoy cabbage	Mushy/Garden Peas
Or				

### Jacket potatoes

served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, & baked beans (when available)

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#### Deli Bar - Available Everyday

Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, chicken and finally finish with a choice of salad – carrot sticks, cucumber, tomatoes, iceberg lettuce, sweet corn, coleslaw, potato salad and mixed peppers.







And	for	dessert
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| Dessert of the day |
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Fresh Fruit, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.

### And finally, a drink

A selection of the following drinks will be available daily Freshly made milkshakes – chocolate or strawberry or cup of milk. Fresh fruit juice – apple or orange or water.

# Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Spaghetti Bolognese Choose from minced beef or Quorn mince cooked in a homemade tomato, basil and garlic sauce, served with long spaghetti and garlic bread	Pizza Bar Homemade cheese & tomato Pizza. Choose your toppings, Ham, Pepperoni or pineapple. Served with crispy diced potatoes	Sausage and Mash Two grilled butchers sausages served with creamy mash and gravy	Chicken sub or wrap Chicken fillet strips coated in breadcrumbs, served in a soft white batch or wrap served with mayo or tomato sauce	Fish & Chips Choose from battered cod or cod fillet fingers or a salmon fishcake baked in the oven and served with chips  (vegetables nuggets served as the vegetarian alternative)
Served with				

Fresh mixed vegetables	Sweet corn and/baked beans	Fresh broccoli or baked beans	Sweet corn or coleslaw	Peas or Beans

Or

### Jacket potatoes

served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, & baked beans (when available)

Or

### Deli Bar - Available Everyday

Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, chicken, egg and finally finish with a choice of salad – carrot sticks, cucumber, tomatoes, iceberg lettuce, sweet corn, coleslaw, potato salad and peppers.







#### And for dessert

Dessert of the day De	essert of the day	Dessert of the day	Dessert of the day	Dessert of the day
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Fresh Fruit, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.

## And finally, a drink

 $A \ selection \ of \ the \ following \ drinks \ will \ be \ available \ daily$  Freshly made milkshakes - chocolate, strawberry or cup of milk. Fresh fruit juice – apple, orange or water.