










## Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Spaghetti Bolognese</b> Choose from minced beef or Quorn pieces cooked in a homemade tomato and garlic sauce, served with short pasta and garlic bread</p>	<p><b>Hawaiian Burger</b> Choose from a butchers quality beef burger or Halloumi baked in oven served in a soft white batch with cheese and pineapple</p>	<p><b>Homemade Minced Beef Pie</b> Topped with short crust pastry and served with creamy mashed potatoes and gravy</p>	<p><b>Roast Dinner</b> Choose from home roasted breast of turkey or a Quorn fillet served with roast potatoes, Yorkshire pudding and gravy</p>	<p><b>Fish &amp; Chips</b> Choose from battered cod or breaded cod fillet fingers or a salmon fish cake baked in the oven and served with chips  (vegetables nuggets served as the vegetarian alternative)</p>
<b>Served with</b>				
<b>Sweet corn</b>	<b>Peas or Salad</b>	<b>Sliced Carrots</b>	<b>Carrot/Swede Savoy cabbage</b>	<b>Peas or Beans</b>
<b>Or</b>				
<p><b>Jacket potatoes</b> served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, &amp; baked beans (when available)</p>				
<b>Or</b>				
<p><b>Deli Bar - Available Everyday</b> Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, chicken and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweet corn, coleslaw and peppers.</p>				
  				
<b>And for dessert</b>				
<b>Dessert of the Day</b>	<b>Dessert of the Day</b>	<b>Dessert of the Day</b>	<b>Dessert of the Day</b>	<b>Dessert of the Day</b>
<b>Fresh Fruit, Yogurt or Cheese &amp; Crackers are available everyday as an alternative to the daily dessert.</b>				
<b>And finally, a drink</b>				
<p><b>A selection of the following drinks will be available daily</b> freshly made milkshakes - chocolate, strawberry or banana, fresh fruit juice – apple or orange or water.</p>				

## Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Homemade Creamy Chicken Curry</b> Choose from fresh chicken pieces or Quorn pieces cooked in onions, garlic, turmeric, ginger coriander and coconut milk and served on bed of rice and naan bread.</p>	<p><b>Hot Dog Sausage</b> Choose from either butchers quality sausage or a Quorn sausage served in a soft white roll</p>	<p><b>Chilli Beef Taco</b> Minced beef cooked in a mild chilli sauce and served in a taco shell with savoury rice</p>	<p><b>Roast of the day</b> Choose from roasted Loin of Pork or a Quorn fillet served with homemade apple sauce, roast potatoes, Yorkshire pudding and gravy.</p>	<p><b>Fish &amp; Chips</b> Choose from battered cod or cod fillet fingers or a salmon fishcake baked in the oven and served with chips  (vegetables nuggets served as the vegetarian alternative)</p>
<b>Served with</b>				
<b>Sautéed cabbage and peas</b>	<b>Baked Beans</b>	<b>Garden Peas</b>	<b>Carrot Batons and Green Beans</b>	<b>Garden Peas</b>
<b>Or</b>				
<p><b>Jacket potatoes</b> served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, &amp; baked beans (when available)</p>				
<b>Or</b>				
<p><b>Deli Bar - Available Everyday</b> Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, chicken, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweet corn, coleslaw and peppers.</p>				
  				
<b>And for dessert</b>				
<b>Dessert of the Day</b>	<b>Dessert of the Day</b>	<b>Dessert of the Day</b>	<b>Dessert of the Day</b>	<b>Dessert of the Day</b>
Fresh Fruit, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.				
<b>And finally, a drink</b>				
A selection of the following drinks will be available daily freshly made milkshakes - chocolate, strawberry or banana, fresh fruit juice – apple or orange or water.				

## Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Pasta Bar</b> Select your pasta and sauce and finish with your toppings, ham, pepperoni, sweet corn, peppers and mushrooms. Served with a garlic slice.</p>	<p><b>Chicken Breast</b> Smothered in BBQ sauce and served on a bed of savoury rice</p>	<p><b>Meatball Sub</b> Meatballs in a homemade tomato sauce, served in a sub roll and a quarter corn cob</p>	<p><b>Roast of the day</b> Choose from either home roasted topside of beef or roast turkey breast or Quorn fillet served with roast potatoes, Yorkshire pudding and gravy.</p>	<p><b>Fish &amp; Chips</b> Choose from battered cod fillet or cod fillet fingers or a salmon fishcake baked in the oven and served with chips  (vegetable nuggets served as the vegetarian alternative)</p>
<b>Served with</b>				
<b>Salad</b>	<b>Peas</b>	<b>Garden salad and coleslaw</b>	<b>Carrots &amp; Cabbage</b>	<b>Garden Peas</b>
<b>Or</b>				
<p><b>Jacket potatoes</b> served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, &amp; baked beans (when available)</p>				
<b>Or</b>				
<p><b>Deli Bar - Available Everyday</b> Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, chicken, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweet corn, coleslaw and mixed peppers.</p>				
  				
<b>And for dessert</b>				
<b>Dessert of the Day</b>	<b>Dessert of the Day</b>	<b>Dessert of the Day</b>	<b>Dessert of the Day</b>	<b>Dessert of the Day</b>
<b>Fresh Fruit, Yogurt or Cheese &amp; Crackers are available everyday as an alternative to the daily dessert.</b>				
<b>And finally, a drink</b>				
<p><b>A selection of the following drinks will be available daily</b> freshly made milkshakes - chocolate, strawberry or banana, fresh fruit juice – apple or orange or water.</p>				