








Our Lady of Pity Primary School - Week One






MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>Sausage & Mash Choose from a Butcher's quality sausage or Quorn sausage served with mashed potatoes, peas, and gravy</p>	 <p>Spaghetti Bolognese Choose from fresh minced beef or Veggie mince cooked with onions, garlic, tomatoes, and herbs, served on a bed of pasta with broccoli.</p>	 <p>Roast Dinner Choose from roast meat of the day or a Quorn fillet, served with Yorkshire pudding, roast potatoes and gravy</p>	 <p>Creamy Chicken Curry Choose from a homemade Creamy Chicken Curry or a Sweet Potato & Lentil Curry served with Basmati Rice, Naan bread</p>	<p>Fish & Chips Choose from either Battered Cod fillet, Cod fillet fish fingers, or Quorn nuggets oven and served with chips and peas or baked beans.</p> 
<i>Jacket Potatoes and Paninis are also available daily as a hot alternative</i>				
<i>Or</i>				
Deli Bar - Available Everyday				
<i>Design your own sandwich, first choose your bread - wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily - ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</i>				
Dessert				
<i>Fresh Fruit, Fruit Pots, Yogurts and Cheese and Crackers are available daily along with the dessert of the day</i>				
Drink				
<i>A selection of fresh fruit juice and milkshakes, milk and water will be available daily</i>				



Our Lady of Pity Primary School - Week Two



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Pasta Pasta served with your chosen topping choose from Tomato or cheese sauce, topped with ham, cheese or pepperoni</p> 	 <p>Homemade Sausage Rolls Choose from either traditional pork sausage meat or cheese and onion, served with mashed potato peas or baked beans</p>	 <p>Roast Dinner Choose from roast meat of the day or a Quorn fillet, served with Yorkshire pudding, roast potatoes and gravy</p>	<p>Fajita's Choose from fresh chicken strips or Quorn strips cooked in a mild Fajita seasoning and served in a tortilla wrap with shredded lettuce, strips of peppers, tomatoes and coleslaw, with mayonnaise and BBQ dips.</p> 	<p>Fish & Chips Choose from either Battered Cod fillet, Cod fillet fish fingers in a wrap, or Quorn nuggets oven and served with chips and peas or baked beans</p> 

Jacket Potatoes and Paninis are also available daily as a hot alternative

Or

Delì Bar - Available Everyday

Design your own sandwich, first choose your bread - wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily - ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.

Dessert

Fresh Fruit, Fruit Pots, Yogurts and Cheese and Crackers are available daily along with the dessert of the day






Drink

A selection of fresh fruit juice and fresh milkshakes, milk and water will be available daily



Our Lady of Pity Primary School - Week Three



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Homemade Pizza Choose from cheese & tomato or pepperoni served with sweetcorn and potato wedges.</p> 	<p>Chilli Nachos Choose from either fresh minced beef or Veggie mince cooked with onions, mild chilli powder, red peppers and red kidney beans & nachos and served on a bed rice.</p> 	 <p>Roast Dinner Choose from roast meat of the day or a Quorn fillet, served with Yorkshire pudding, roast potatoes and gravy</p>	<p>Salt & Pepper Chicken Butcher's chicken strip or Quorn cooked on a mild salt & pepper seasoning served with fried rice & peas.</p> 	<p>Fish & Chips Choose from either Battered Cod fillet, Cod fillet fish fingers, or Quorn nuggets oven and served with chips and peas or baked beans.</p> 
<p><i>Jacket Potatoes and Paninis are also available daily as a hot alternative</i></p>				
<p><i>Or</i></p>				
<p>Deli Bar - Available Everyday</p> <p>Design your own sandwich, first choose your bread - wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily - ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
<p>Dessert</p> <p>Fresh Fruit, Fruit Pots, Yogurts and Cheese and Crackers are available daily along with the dessert of the day</p>				
<p>Drink</p> <p>A selection of fresh fruit juice and fresh milkshakes, milk and water will be available daily</p>				