








Our Lady of Pity Primary School - Week One








MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Sausage & Mash Choose from fresh butcher's quality pork sausages or Quorn sausages served with homemade mashed potatoes, peas and gravy.</p> 	 <p>Spaghetti Bolognese Choose from fresh minced beef or Veggie mince cooked with onions, garlic, tomatoes, and herbs, served on a bed of pasta with broccoli.</p>	<p>Roast Dinner Choose from either home roasted leg of pork or a Quorn fillet served with roast potatoes, carrots, cauliflower, apple sauce and gravy.</p> 	<p>Chicken Wraps Chicken fillet strips coated in breadcrumbs or Quorn fillets served in a wrap with mayonnaise or BBQ sauce. Served with wedges & sweetcorn.</p> 	<p>Fish & Chips Choose from either Battered Cod fillet, Cod fillet fish fingers, or Quorn nuggets oven and served with chips and peas or baked beans.</p> 
<p>Jacket Potatoes and Paninis are also available daily as a hot alternative</p>				
<p>Or</p>				
<p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread - wraps, assorted batch, then choose your filling a selection of the following will be available daily - ham, cheese, tuna, turkey, egg and finally. finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
<p>Dessert Fresh Fruit, Fruit Pots, Yogurts and Cheese and Crackers are available daily along with the dessert of the day</p>				
<p>Drink A selection of fresh fruit juice and fresh milkshakes, milk and water will be available daily</p>				



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<p>Pasta Bar Pasta served with your chosen topping choose from Tomato or cheese sauce, topped with ham, cheese or pepperoni and sweetcorn</p> 	 <p>Homemade Sausage Rolls Choose from either traditional pork sausage meat or cheese and onion, served with mashed potato peas or baked beans</p>	<p>Roast Dinner Choose from either home roasted breast of turkey and stuffing or a Quorn fillet. served with roast potatoes, carrots, green beans, and gravy</p> 	 <p>Chilli Nachos Choose from either fresh minced beef or Veggie mince cooked with onions, mild chilli powder, red peppers and red kidney beans & nachos and served on a bed rice</p>	<p>Fish & Chips Choose from either Battered Cod fillet, Cod fillet fish fingers, or Quorn nuggets oven and served with chips and peas or baked beans</p> 
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<p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread - wraps, assorted batch then choose your filling a selection of the following will be available daily - ham, cheese, tuna, turkey, egg and finally. finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
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Our Lady of Pity Primary School - Week Three



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<p>Homemade Pizza Choose from cheese & tomato or pepperoni served with sweetcorn and potato wedges</p> 	 <p>Smothered Chicken Choose from a fresh chicken fillet or a Quorn fillet oven baked, topped with a homemade BBQ sauce and cheese, served with savoury rice and broccoli</p>	<p>Roast Dinner Choose from either home roasted topside of beef or a Quorn fillet served with Yorkshire pudding, roast potatoes, carrots, green beans and gravy.</p> 	<p>Burger Day Choose from a fresh butcher's burger or a Quorn Burger served in a burger bun with corn on the cob & salad.</p> 	<p>Fish & Chips Choose from either Battered Cod fillet, Cod fillet fish fingers, or Quorn nuggets oven and served with chips and peas or baked beans.</p> 
<p>Jacket Potatoes and Paninis are also available daily as a hot alternative</p>				
<p>Or</p>				
<p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread - wraps, assorted batch, then choose your filling a selection of the following will be available daily - ham, cheese, tuna, turkey, egg and finally. finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
<p>Dessert Fresh Fruit, Fruit Pots, Yogurts and Cheese and Crackers are available daily along with the dessert of the day</p>				
<p>Drink A selection of fresh fruit juice and fresh milkshakes, milk and water will be available daily</p>				