## Our Lady of Pity Primary School - Week One

| $\mathcal{M O \mathcal { N }}$ A y | TUESD $\mathcal{A} y$ | WEDSNESDJ 1 | THURSSDA 1 | $\mathcal{F R I D \mathcal { A }} \mathrm{y}$ |
| :---: | :---: | :---: | :---: | :---: |
| Homemade Pizza <br> Choose from cheese \& tomato or pepperoni served with sweetcorn and potato wedges | Spaghettí Bolognaíse Choose from fresh minced beef or Veggie mince cooked with onions, garlic, tomatoes, and herbs, served on a bed of pasta with Groccoli. | Roast Dinner <br> Choose from either home roasted leg of pork or a Quorn fillet served with roast potatoes, carrots, cauliflower, apple sauce and gravy. | Chicken Wraps <br> Chicken fillet strips coated in breadcrumbs or Quorn fillets served in a wrap with mayonnaise or $\mathcal{B B Q}$ sauce. Served Savory rice \& sweetcorn. | Físh \& Chíps <br> Choose from either Battered Cod fillet, Cod fillet fish fingers, or Quorn nuggets oven cooked and served with chips and peas or Gaked Geans. |
| Jacket Potatoes and Paninis are also available daily as a hot alternative |  |  |  |  |
| Or |  |  |  |  |
| Deli Bar- Available Everyday <br> Design your own sandwich, first choose your bread - wraps, assorted batch, then choose your filling a selection of the following will be available daily - ham, cheese, tuna, turkey, egg and finally. finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers. |  |  |  |  |
| Dessert <br> Fresh Fruit, Fruit Pots, Yogurts and Cheese and Crackers are available daily along with the dessert of the day |  |  |  |  |
|  | Drink |  |  |  |
| $\mathcal{A}$ selection of fresh fruit juice and fresh milkshakes, milk and water will be available daily |  |  |  |  |

## Our Lady of Pity Primary School - Week Iwo

| $\mathcal{M O N} \mathcal{L} \mathcal{A} \boldsymbol{y}$ | $\mathcal{T} U E S D \mathcal{A} y$ | WED $\mathcal{N} E S \mathcal{A} \mathcal{A} y$ | $\mathcal{T H} U \mathcal{R S D \mathcal { A }} \mathrm{y}$ | $\mathcal{F R I D} \mathcal{A} \boldsymbol{y}$ |
| :---: | :---: | :---: | :---: | :---: |
| Pasta Bar <br> Pasta served with your chosen topping choose from <br> Tomato or cheese sauce, topped with ham, cheese or pepperoni and sweetcorn | Hotdogs <br> Choose from a Butcher's quality sausage or Quorn sausage served in a finger roll wegde \& sweetcorn or Beans | Roast Dinner <br> Choose from either home roasted breast of turkey and stuffing or a Quorn fillet. <br> served with roast potatoes, carrots, green Geans, and gravy | Chícken Chow Mein <br> Fresh chicken or quorn stripes cooked with onions,garlic,pepers.soy sauce and stock and mixed with egg noodle served with Groccoli | Fish \& Chips <br> Choose from either <br> Battered Cod fillet, Cod fillet fish fingers, or Quorn nuggets oven cooked and served with chips and peas or baked Geans |
| Jacket Potatoes and Paninis are also available daily as a hot alternative |  |  |  |  |
| Or |  |  |  |  |
| Deli Bar - Available Everyday <br> Design your own sandwich, first choose your bread - wraps, assorted batch then choose your filling a selection of the following will be available daily - ham, cheese, tuna, turkey, egg and finally. finish with a choice of salad-carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, colesfaw, Geetroot and peppers. |  |  |  |  |
| Fresh Fruit, Fruit Pots, Yogurts and Cheese and Crackers are available daily along with the dessert of the day |  |  |  |  |
| Drink |  |  |  |  |
| $\mathcal{A}$ selection of fresh fruit juice and fresh milkshakes, milk and water will be available daily |  |  |  |  |

## Our Lady of Pity Primary School-Week Three

| MOND $\mathcal{A} y$ | TUESDA 1 y | WEDJESSD ${ }^{\text {a }}$, | THURSSA 1 | $\mathcal{F R I D} \mathcal{A} y$ |
| :---: | :---: | :---: | :---: | :---: |
| Homemade Pizza Choose from cheese \& tomato or pepperoni served with sweetcorn and potato wedges | Chícken \& Tomato Pasta bake <br> Fresh chicken pieces cooked in a homemade tomato sauce and mixed with pasta spirals served with Eroccoli | Roast Dinner <br> Choose from either home roasted topside of Geef or a Quorn fillet served with Yorkshire pudding, roast potatoes, carrots, green Geans and gravy. | Burger Day Choose from a fresh butcher's burger or a Quorn Burger served in a Gurger bun with corn on the cob \& satad. | Físh \& Chíps <br> Choose from either Battered Cod fillet, Cod fillet fish fingers, or Quorn nuggets oven cooked and served with chips and peas or baked beans. |
| Jacket Potatoes and Paninis are also available daily as a hot alternative |  |  |  |  |
| Or |  |  |  |  |
| Deli Bar- Available Everyday <br> Design your own sandwich, first choose your bread - wraps, assorted batch, then choose your filling a selection of the following will be available daily - ham, cheese, tuna, turkey, egg and finally. finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg fettuce, sweetcorn, colesfaw, beetroot and peppers. |  |  |  |  |
| Dessert <br> Fresh Fruit, Fruit Pots, Yogurts and Cheese and Crackers are available daily along with the dessert of the day |  |  |  |  |
| Drink |  |  |  |  |
| $\mathcal{A}$ selection of fresh fruit juice and fresh milkshakes, milk and water will be available daily |  |  |  |  |

