










Week 1 (all items subject to availability)

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Spaghetti Bolognese Choose from minced beef or vegetable pieces cooked in a homemade tomato sauce, and served with spaghetti and garlic bread.</p>	<p>Chicken Wraps Chicken fillet strips coated in gluten free breadcrumbs, served in a wrap with mayonnaise or tomato ketchup. Quorn option available.</p>	<p>Beef Chilli Nachos Choose from minced beef or vegetable pieces cooked in a mild chilli sauce then topped with tortilla chips and cheese and served with rice.</p>	<p>Chipolata Sausages Mini pork or vegetable sausages served with roast potatoes, Yorkshire pudding and gravy</p>	<p>Fish & Chips Choose from Battered Cod or breaded cod fillet fingers or a salmon fish cake baked in the oven and served with chips (vegan nuggets served as the vegetarian alternative)</p>
Served with				
Mixed Fresh vegetables	Sweet corn/baked beans	Garden peas	Carrots Broccoli	Garden Peas
Or				
<p>Jacket Potatoes served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, & baked beans (when available)</p>				
Or				
<p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, chicken and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweet corn, coleslaw, tri colour pasta and mixed peppers.</p>				
  				
And for dessert				
Dessert of the day	Dessert of the day	Dessert of the day	Dessert of the day	Dessert of the day
<p>Fresh Fruit, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.</p>				
And finally, a drink				
<p>A selection of the following drinks will be available daily Freshly made milkshakes - chocolate, strawberry or fresh fruit juice – apple or orange or water.</p>				

Week 2 (all items subject to availability)

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Chicken Korma Curry Choose from freshly diced chicken fillet or Quorn pieces cooked in onions, garlic, turmeric, ginger, coriander and coconut milk. Served on a bed of rice with naan bread</p>	<p>Sausage Roll Pork sausage meat wrapped in puff pastry and served with creamy mashed potato. Or Vegan nuggets</p>	<p>Pasta Pots Wholemeal pasta twists served in a pot and topped with homemade bolognese sauce. Choose ham, cheese or pepperoni toppings and add a garlic slice.</p>	<p>Roast of the Day Choose from roasted Turkey or a Quorn fillet served with roast potatoes, yorkshire pudding and gravy.</p>	<p>Fish & Chips Choose from battered cod or cod fillet fingers or a salmon fishcake baked in the oven and served with chips (vegan nuggets served as the vegetarian alternative)</p>
Served with				
Buttered cabbage	Baked beans	Broccoli	Carrot & Swede and/or savoy cabbage	Garden Peas
Or				
<p>Jacket Potatoes served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, & baked beans (when available)</p>				
Or				
<p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, chicken, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweet corn, coleslaw, and peppers.</p>				
				
And for dessert				
Dessert of the day	Dessert of the day	Dessert of the day	Dessert of the day	Dessert of the day
Fresh Fruit, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.				
And finally, a drink				
<p>A selection of the following drinks will be available daily Freshly made milkshakes – chocolate or strawberry or fresh fruit juice – apple or orange or water.</p>				

Week 3 (all items subject to availability)

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Pizza Bar A wholemeal pizza base topped with tomato and cheese. Choose your favourite toppings from farmhouse diced ham, pepperoni and pineapple</p>	<p>Chicken Goujons Small chicken fillet breasts coated in gluten free breadcrumbs, served with herby diced potatoes and tomato dip.</p>	<p>Hawaiian Beef Burgers A Butchers beef or vegetarian burger served in a soft white batch. Cheese slice and pineapple ring are an optional extra</p>	<p>Roast of the Day Choose from home roasted turkey breast or a Quorn fillet served with roast potatoes, Yorkshire pudding and gravy.</p>	<p>Fish & Chips Choose from battered cod fillet or cod fillet fingers or a salmon fishcake baked in the oven and served with chips (vegan nuggets served as the vegetarian alternative)</p>
Served with				
Baked beans or sweet corn	Sweetcorn & peas Spaghetti hoops	Baked beans	Diced Carrots & Swede	Garden Peas
Or				
<p>Jacket potatoes served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, & baked beans (when available)</p>				
Or				
<p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, chicken, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweet corn, coleslaw, tri coloured pasta and mixed peppers.</p>				
  				
And for dessert				
Dessert of the day	Dessert of the day	Dessert of the day	Dessert of the day	Dessert of the day
<p>Fresh Fruit, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.</p>				
And finally, a drink				
<p>A selection of the following drinks will be available daily Freshly made milkshakes - chocolate, strawberry or fresh fruit juice – apple or orange or water.</p>				