













Our Lady of Pity Primary School - Week One



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Sausage and Mash Choose from a butcher's quality sausage or a Quorn sausage served on a bed of homemade mash with gravy and baked beans or peas.</p> 	<p>Homemade Pizza Choose from cheese & tomato or pepperoni served with sweetcorn and potato wedges.</p> 	<p>Roast Dinner Choose from either roast of the day or a Quorn fillet served with a Yorkshire pudding, roast potatoes, carrots and swede and gravy.</p> 	<p>Chilli Nachos Choose from either fresh mince beef or Quorn mince cooked with onions, mild chilli powder, red peppers and kidney beans topped with tortilla chips and cheese served on a bed of rice with broccoli.</p> 	<p>Fish & Chips Choose from either battered cod fillet, cod fillet fish fingers, or Quorn nuggets. All oven cooked and served with chips, peas, or baked beans.</p> 
<p>Jacket Potatoes available daily as a hot alternative</p>				
<p>Or</p>				
<p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread - from wraps, assorted batch, sliced bread etc then choose your filling from the selection available including ham, cheese, tuna, turkey, egg, pepperoni and finally add your choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot or mixed peppers</p>				
<p>Dessert Fresh fruit, fruit pots, yogurts and cheese and crackers are available daily along with the dessert of the day.</p>				
<p>Drink A selection of fresh fruit juice and fresh milkshakes, milk and water will be available daily.</p>				



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: center;">Spaghetti Bolognaise Choose from fresh minced beef or veggie mince cooked with onions, garlic, tomatoes, and herbs, served on a bed of pasta with broccoli.</p> <div style="text-align: center;">  </div>	<p style="text-align: center;">Creamy Chicken Curry Choose from a homemade creamy chicken curry or a sweet potato & lentil Curry served with basmati rice, naan bread and green beans.</p> <div style="text-align: center;">  </div>	<p style="text-align: center;">Mince and Mash Choose from fresh mince beef or Quorn mince cooked in stock with onions and carrots and served with homemade mash potatoes and baked beans or peas.</p> <div style="text-align: center;">  </div>	<p style="text-align: center;">Mac & Cheese Macaroni pasta mixed with a homemade cheese sauce and served with sweetcorn.</p> <div style="text-align: center;">  </div>	<p style="text-align: center;">Fish & Chips Choose from either battered cod fillet, cod fillet fish fingers, or Quorn nuggets. All oven cooked and served with chips, peas, or baked beans.</p> <div style="text-align: center;">  </div>

Jacket Potatoes available daily as a hot alternative

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Dessert

Fresh fruit, fruit pots, yogurts and cheese and crackers are available daily along with the dessert of the day.

Drink

A selection of fresh fruit juice and fresh milkshakes, milk and water will be available daily.