










Week 1

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|--|
| <p>Spaghetti Bolognese Choose from minced beef or Quorn pieces cooked in a homemade tomato sauce, and served with spaghetti and garlic bread</p> | <p>Chicken wraps Chicken fillet strips coated in gluten free breadcrumbs, served in a wrap with mayonnaise or tomato ketchup.</p> | <p>Beef Chilli Nachos Choose from minced beef or Quorn pieces cooked in a mild chilli sauce then topped with tortilla chips and cheese</p> | <p>Roast of Choose from home roasted breast of turkey or a Quorn fillet served with roast potatoes, Yorkshire pudding and gravy</p> | <p>Fish & Chips Choose from battered cod or breaded cod fillet fingers or a salmon fish cake baked in the oven and served with chips (vegetables nuggets served as the vegetarian alternative)</p> |
| Served with | | | | |
| Mixed Fresh vegetables | Sweet corn | Garden peas | Carrot/Swede Savoy cabbage | Garden Peas |
| Or | | | | |
| <p>Jacket potatoes served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, & baked beans (when available)</p> | | | | |
| Or | | | | |
| <p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, chicken and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweet corn, coleslaw, tri colour pasta and mixed peppers.</p> | | | | |
|    | | | | |
| And for dessert | | | | |
| Dessert of the day | Dessert of the day | Dessert of the day | Dessert of the day | Dessert of the day |
| Fresh Fruit, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert. | | | | |
| And finally, a drink | | | | |
| <p>A selection of the following drinks will be available daily Freshly made milkshakes - chocolate, strawberry or fresh fruit juice – apple or orange or water.</p> | | | | |

Week 2

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|--|
| <p>Homemade Creamy Chicken Curry Choose from freshly diced chicken fillets or Quorn pieces cooked in onions, garlic, turmeric, ginger, coriander and coconut milk and served on bed of rice with Naan bread.</p> | <p>Hot Dogs Butchers sausage in a soft white roll and served with spaghetti hoops. Quorn option available</p> | <p>Meatballs Handmade beef meatballs baked in the oven and served with a homemade tomato and basil sauce and served with pasta twists</p> | <p>Roast of the day Choose from roasted loin of pork or a Quorn fillet served with homemade apple sauce, roast potatoes, Yorkshire pudding and gravy.</p> | <p>Fish & Chips Choose from battered cod or cod fillet fingers or a salmon fishcake baked in the oven and served with chips (vegetable nuggets served as the vegetarian alternative)</p> |
| Served with | | | | |
| Buttered cabbage and peas | Spaghetti hoops or sweet corn | Garden Peas | Carrot & Swede and/or Sliced Green Beans | Garden Peas |
| Or | | | | |
| <p>Jacket potatoes served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, & baked beans (when available)</p> | | | | |
| Or | | | | |
| <p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, chicken, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweet corn, coleslaw, and peppers.</p> | | | | |
|    | | | | |
| And for dessert | | | | |
| Dessert of the day | Dessert of the day | Dessert of the day | Dessert of the day | Dessert of the day |
| Fresh Fruit, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert. | | | | |
| And finally, a drink | | | | |
| <p>A selection of the following drinks will be available daily Freshly made milkshakes – chocolate or strawberry or fresh fruit juice – apple or orange or water.</p> | | | | |

Week 3

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|--|--|
| <p>Pizza Bar A wholemeal pizza base topped with tomato and cheese. Choose your favourite toppings from farmhouse diced ham, pepperoni and pineapple</p> | <p>Homemade Chicken pie Choose from homemade chicken pie in gravy or homemade cheese flan, both served with creamy mashed potatoes and fresh vegetables</p> | <p>Hawaiian Beef Burgers Butchers made beef burger served in a soft white batch. Cheese slice and pineapple ring are an optional extra</p> | <p>Roast of the day Choose from either home roasted topside of beef or roast turkey breast or Quorn fillet served with roast potatoes, Yorkshire pudding and gravy.</p> | <p>Fish & Chips Choose from battered cod fillet or cod fillet fingers or a salmon fishcake baked in the oven and served with chips (vegetables nuggets served as the vegetarian alternative)</p> |
| Served with | | | | |
| Baked beans or sweet corn | Sweet corn Broccoli | Baked beans | Diced Carrots & Swede | Garden Peas |
| Or | | | | |
| <p>Jacket potatoes served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, & baked beans (when available)</p> | | | | |
| Or | | | | |
| <p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, chicken, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweet corn, coleslaw, tri coloured pasta and mixed peppers.</p> | | | | |
|    | | | | |
| And for dessert | | | | |
| Dessert of the day | Dessert of the day | Dessert of the day | Dessert of the day | Dessert of the day |
| Fresh Fruit, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert. | | | | |
| And finally, a drink | | | | |
| <p>A selection of the following drinks will be available daily Freshly made milkshakes - chocolate, strawberry or fresh fruit juice – apple or orange or water.</p> | | | | |