DIOCESE OF SHREWSBURY OUR LADY OF PITY ROMAN CATHOLIC PRIMARY SCHOOL

A VOLUNTARY ACADEMY

MAIN SCHOOL SITE

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HEAD OF SCHOOL: MRS BERNADETTE GALLOWAY

21st October 2021

Dear Parents and Carers,

Our school is working with a team of researchers at the University of Oxford on a research project called MY-CATS. The MY-CATS team are testing out a new way of identifying and supporting young children who might benefit from help to build confidence and reduce the chance of problems with anxiety, now and in the future.

We are inviting all parents/carers of children in Reception, Year 1 and Year 2 classes to take part.

We would love it if **all families** in the participating classed got involved! As this project is to help reduce problems with fears and worries now and in the future, your child does not need to be experiencing difficulties with anxiety to take part.

We've attached more information about the project and you can watch a short video about the project here: MYCATS video

You can also watch a longer, more detailed video about the project here: MYCATS parent video

If you would like to take part, please follow the link below to complete the consent form and provide your contact details.

MYCATS parent consent

You will then receive an email with a link to the screening questionnaires.

Please complete the consent and screening questionnaires by <u>7th November</u>. We ask <u>one</u> parent/carer to complete the consent and questionnaires for a child.

If you have more than one child across the participating classes, you can complete the consent and screening questionnaires for each child.

Kind regards, Mrs Johnson







