

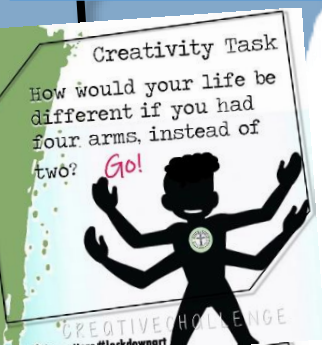
Everyone is creative and when we are creative, we can make a change in our own lives and in the world around us.

This current time is an opportunity for people to have some **fun**, try out some new things and **connect** with each other. All of the challenges on these websites and on this leaflet can be done from home and are suitable for any age. They are **Silly** and frivolous but they also give an opportunity to have a moment out of the current crisis and a bit of a **breather**.

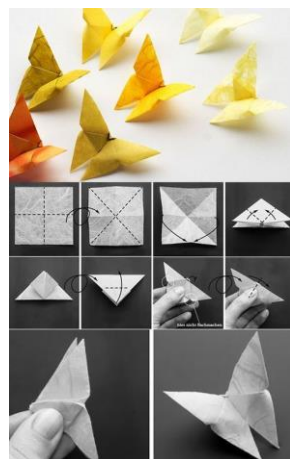
Lunch Doodles with Mo Willems
<https://www.youtube.com/watch?v=9tVfVvmJP7E>



Draw along with Rob - offering daily tutorials on you tube - follow link on his website
<http://www.robbiddulph.com/home>



Bored Jar and activity ideas



Pinterest has a wealth of ideas to explore. You could learn a new skill, grab inspiration for a project or baking! Well worth a look!

This creative company is launching a [free-to-join creativity challenge](http://dothinkshare.com/creative-inspiration/create-to-connect/), called [Create To Connect](http://dothinkshare.com/creative-inspiration/create-to-connect/) – those who join will be emailed daily for two weeks with ideas of a fun challenge to get their creative juices flowing, using objects from around the home, or just your brain. From writing short poems to using loo rolls (supply dependent) to craft something fun, the company hopes the challenges (which might only take five minutes) will count as an important act of self-care.

<http://dothinkshare.com/creative-inspiration/create-to-connect/>

SPRING SCAVENGER HUNT

- Find a yellow flower.
- Find 3 different shaped leaves.
- Find something that is red.
- Find a spider web.
- Find something that flies.
- Name 2 things you see in the sky.
- Find something that is long.
- Find something that grows that is green.
- Find 2 birds.
- Find some water.
- Find something purple.
- Find something that crawls.



#creativematters #lockdownart

CREATIVE CHALLENGES

Jennifer Collier is an artist who has challenged the nation to make little houses from recycled materials. post images with her hashtag. There are also a number of recycled activities to make with videos and step by step guides!
<http://unittwelve.co.uk/freemakes.htm>



Using recycled waste materials like toilet rolls, cereal boxes etc, daily ideas are uploaded on the SJP social media pages, provided by the Artist Darrell Wakelam #artjumpstart

TIME TO GET CREATIVE....

1. Paint a rock
2. Cook something
3. Make up a game
4. Make slime
5. Write a letter
6. Take a picture
7. Build a fort
8. Paint your nails
9. Edit a picture
10. Use sidewalk chalk
11. Bake something
12. Build with blocks
13. Watch a musical
14. Make an instrument
15. Weave a potholder
16. Make a texture rubbing
17. Build with wood
18. Do an experiment
19. Make a secret code
20. Play a game
21. Write a story
22. Make a card
23. Start a business
24. Start a YouTube channel
25. Plant something
26. Start a blog
27. Learn to crochet
28. Play an instrument
29. Make up races
30. Build a robot
31. Homemade play-do
32. Dress up a pet
33. Create a race track
34. Decorate your room
35. Use food to make art
36. Read a book
37. Write an editorial
38. Use nature to make art
39. Make a poster
40. Plan a game night
41. Use recyclables for art
42. Upcycle a shirt
43. Style a stuffed animal
44. Make a music video
45. Make a simple machine
46. Print on fabric
47. Set a beautiful table
48. Make fancy handwriting
49. Brainstorm
50. Write a how to
51. Make a puppet
52. Plan a dream vacation
53. Plan a camp out
54. Make an origami shape
55. Write a play
56. Write a comic strip
57. Make post cards
58. Make your own board game
59. Make a box into a house
60. Create your own cookbook

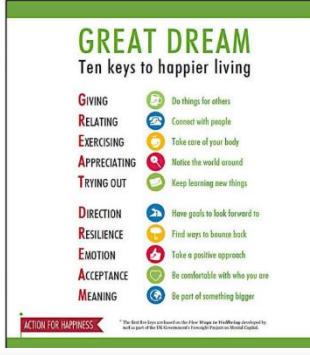


Various activities are available on the Wildlife trust website. Activities for all ages!



14 Play a game that you enjoyed when you were younger

16 Rediscover your favourite music that really lifts your spirits



<https://www.actionforhappiness.org/>



Stop and listen to 20 mins of David Walliams reading his books!

<https://m.soundcloud.com/harpercollinspublishers/the-worlds-worst-children-3-3/s-VcYQCOIF2zr>



CREATIVE CHALLENGES

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