

PE Long Term Plan – Revised 2022/23 Academic Year

Year Group	Autumn 1	Autumn 2	Spring 1	*Spring 2	Summer 1	Summer 2
Year 1	Gymnastics	Hand Eye Co-ordination	Foot Eye Co-ordination	Dance	Athletics (both classes in preparation for sports day)	Modified Cricket/Rounders games
	Hand Eye Co-ordination	Foot Eye Co-ordination	Gymnastics	OAA		
Year 2	Gymnastics	Hand Eye Co-ordination	Foot Eye Co-ordination	Dance	Athletics (both classes in preparation for sports day)	Modified Cricket/Rounders games
	Hand Eye Co-ordination	Foot Eye Co-ordination	Gymnastics	OAA		
Year 3	Gymnastics	Basketball/Netball	Football	Dance	Athletics (both classes in preparation for sports day)	Cricket
	Basketball/Netball	Football	Gymnastics	OAA		
Year 4	Gymnastics	Basketball/Netball	Hockey	Dance	Athletics (both classes in preparation for sports day)	Cricket
	Basketball/Netball	Hockey	Gymnastics	OAA		
Year 5	Gymnastics	Basketball/Netball	Hockey	Dance	Athletics (both classes in preparation for sports day)	Rounders
	Basketball/Netball	Hockey	Gymnastics	OAA		
Year 6	Gymnastics	Basketball/Netball	Hockey	Dance	Athletics (both classes in preparation for sports day)	Rounders
	Basketball/Netball	Hockey	Gymnastics	OAA		

*please note that during Spring 2, all classes will take part in both dance and OAA lessons each week. Lesson time will be split 50/50 with classes taking part in both lessons within the same PE slot. This is to ensure that all areas of the NC are met despite restricted hall usage in the build-up to Christmas.