



**Our Lady of Pity Catholic Primary School.  
A Voluntary Academy**

**Relationship and Sex Education Policy  
February 2019**

***Our Lady of Pity Catholic Primary School. A Voluntary Academy***

***Draft Relationship and Sex Education Policy February 2019***

Our **Mission Statement** is JOY through RESPECT, a point of reference for all that we do at the school.

Personal, Health, Social, Citizenship and Education (PHSCE) as well as Relationship and Sex Education (RSE), are all underpinned by a theology of relationship and are all encompassed in the title 'Relationships and Sex Education' (RSE).

Our approach to relationship and sex education is rooted in the Catholic Church's teaching of the unique dignity of the human person, made in the image and likeness of God. and is presented positively and prudently. We educate the whole child: spiritually, intellectually, morally, emotionally, psychologically, and physically, leading all pupils to Christian Maturity.

The teaching resource we use, (The Christopher Winter Programme) encourages children to develop the skills of listening, empathy, talking about feelings and relationships with family and friends.

Following guidance from the Conference of Bishops of England and Wales and as advocated by the DFE, all relationship and sex education in our school will be firmly embedded in the Religious Education framework.

All relationship and sex education is delivered in accordance with the Church's moral teaching. Our teaching emphasises the central importance of marriage and the family in the life of the Church whilst overtly teaching respect for all.

**Aims of Relationship and Sex Education (RSE)**

- Learning is founded on the premise that we are all created in the image and likeness of God
- Pupils are taught that love is the basis of relationships
- Pupils are taught to explore relationships and to respect diversity
- To enable pupils to think with confidence and respect and to talk about feelings and relationships
- To equip pupils with the skills and knowledge necessary to develop and sustain healthy relationships
- To deliver sex education in the wider context of respectful relationships
- To ensure that pupils know how to keep themselves safe and how to ask for help and support when needed
- To ensure that pupils are prepared for puberty
- To help pupils understand the elements of healthy, safe lifestyle choices
- To prepare pupils to play an active role as citizens and to understand the Catholic vision of what it means to be citizens of the Kingdom of God

## **Teaching of RSE**

RSE is integral to our ethos and is built on the bed rock of our 'Joy through respect' mission statement.

All elements of PHSCE and Citizenship, whilst non-statutory at Key Stage 1 and 2 are covered.

Significant aspects of Relationship and Sex education remain part of the National Curriculum for Science. These will be taught to all pupils.

### *Key Stage 1 (5-7)*

1. RSE is taught through our school and through the subjects of Religious Education, Science, and by way of a cross-curricular, integrated approach.
2. Pupils are taught that humans move, feed, grow, use their senses and reproduce
3. Pupils learn the names of body parts and the difference between male and female
4. Pupils learn that humans grow from babies into pupils and then into adults and that adults can produce babies
5. Pupils are taught to recognise similarities and differences between themselves and other pupils

### **Key Stage 2 (7-11)**

1. Pupils are taught that life processes common to humans and all animals include nutrition, growth and reproduction
2. Pupils are taught the main stages of the human life cycle
3. Pupils in years 5 and 6 will learn about the emotional and physical changes of puberty, (with input as appropriate from the school nurse) the complexities and dynamics of relationships and the Church's teachings on related matters.

## **Resources and the role of the parents**

We acknowledge that parents and carers are the pupils' primary educators and the key persons for pupils learning about relationships and sex.. Our role and our programme simply complement their role in nurturing their pupils' human wholeness. The role of parents and our day-to-day teaching is currently supported by a teaching resource, Christopher Winter R.S.E Curriculum. Diocesan and LA resources are drawn upon where appropriate to augment teaching.

Our narrative curriculum and behaviour policy, embedded in a living working faith context ensures curriculum continuity.

## **Safeguarding Procedures**

The school has procedures to deal with any sensitive issues or pupils thought to be vulnerable. Staff will pass on any concerns of this nature to the Designated Safeguarding Lead in school immediately.

## **The Governing Body**

The governing body recognise their responsibility to ensure the RSE programme follows Diocesan principles.

The Governing body fully subscribes to the views expressed by the Bishops' Conference and will always work to ensure that parents are supported in the task of educating their pupils. Parents are kept informed of the RSE programme and its contents. They are invited to evaluate its impact and will be informed of new developments in its delivery.

### **Right of Withdrawal**

It is our hope that parents would wish their pupils to be involved in the schools positive and prudent programme of relationship and sex education, following annual consultation regarding the schools approach. However, we recognise parents have the right to withdraw their pupils from such lessons (not included in National Curriculum Science).

### **Monitoring and Review**

This policy will be monitored and reviewed annually by the Governing Body. Parents will be consulted before any proposed changes.

***Reviewed January 23rd 2019 by the Curriculum Committee on behalf of the Governing Body***